

Soccer Homework for Week of _____

WEEKLY SKILLS HOMEWORK ASSIGNMENT:

Below is the Skills Homework Assignment for this week for the girls to do at home. They should know what these skills and moves are and they should practice these a few times during the week. Each week we may introduce more techniques. It should not take more than 10-20 minutes of time.

In the table provided below, please have your child log the number of touches from each skill that they have practiced. At the end of the week ask your child to sign and date the homework sheet. I would also like the parents to total up their touches and sign the homework sheet. After the form is signed, please turn it in to me the next Monday of practice.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	TOTALS
In-Betweens								
Toe Touches								
Run Throughs								
Drag Back/Pull Backs								
Push Pulls (Triangles)								
TOTALS								

_____ Player's Signature _____ Date

_____ Parent's Signature _____ Date